## ART AND MINDFUL WALKS

A series of walks led by Healthy Arts, Mindful in Nature and professional artists. Walks cost £3 per person unless otherwise ticketed.

Wed 15th May • 10.30am Art and History Walk - The River and The Fool with artist Anna FC Smith £5 ticket per person. Limited places. Art materials included.

Thurs 16th May • 1pm Mindful Walk and Wheel

Fri 17th May • 2pm Photography Walk

Sun 19th May Sun 23rd June • 10.30am-12.30 Me Time Mindful Walks

Sat 8th June • 10.30am-2.30pm Art Walk - The Zen Experience with calligraphy artist Brian Whitmore and

One Together CIC £15 ticket per person Limited places. Art materials included.

Thurs 15th Aug • 10.30am The Botanical Society Experience with artists Anna FC Smith and Helen Mather £5 ticket per person. Limited places. Art materials included.

Sat 28th Sept • 10.30am Mindful Movement and Walk



# **CREATIVE WRITING CLASSES**

Workshops cost £3 per person. 1pm-2.30pm

**Sun 12th May** - inspired by local history and legends. Led by Julie McKiernan

Sun 9th June - inspired by Mother Nature. Led by Shareena Lee Satti

**Sun 14th July** - inspired by local history and legends. Led by Julie McKiernan

**Sun 11th August** - inspired by belonging and place. Led by Rose Condo

**Sun 8th Sept** - inspired by local history and legends. Led by Julie McKiernan

Sun 13th Oct - inspired by art as a tool for social change. Led by Griot Gabriel

**Sun 10th Nov -** inspired by local history and legends. Led by Julie McKiernan

Workshops are aimed at adults. Suitable for complete beginners and more experienced writers. Classes take place upstairs in the Stables Courtyard.

# PERFORMANCE

Wellies and Words is our regular spoken word event featuring performances from published poets, from across the UK. The event includes a live literature open mic. Everyone is welcome to come, listen and enjoy a glorious medley of stories and poems. This is a free event. 3pm-4.30pm

Sun 14th April Guest poet - John Darwin Sun 12th May Guest poet - Joe Williams Sun 9th June Guest poet - Shareena Lee Satti Sun 14th July Guest poet - Bea Albanese Sun 11th August Guest poet - Rose Condo Sun 8th Sept Guest poet - Natasha Tingle, with support from Bad Grandad Sun 13th Oct Guest poet - Griot Gabriel

Sun 10th Nov Guest poet - Shaun Fallows

## **BOOKING & TICKET INFORMATION**

Prices for ticketed events are shown in leaflet, priced from £5-£15.

Wheeley Easy Walks and Wellies and Words performances are free.

All other Wellies, Walks and Talks events cost £3.

Walks - Booking is essential for the walks. Wheeley Easy walks are suitable for wheelchairs, pushchairs with babies, and mobility scooters. The other walks may include slight inclines and rough ground underfoot. Please wear sensible footwear and suitable clothing for the weather.

Talks and workshops - Advance booking is highly recommended for talks and workshops.

Performance - No need to book for Wellies and Words - just turn up.

To book contact: **Haigh Visitor Centre** or find us on Eventbrite. Tel: **01942 828280 info@haighwoodlandpark.co.uk** 

Access Information If you have any access needs or access questions please email us to discuss.



With thanks to our funders and partners:











Welcome to our series of guided walks, talks and creative workshops, led by experts and centhusiasts, aimed at inquisitive adults.

LOCAL HISTORY

NATURE

CREATIVE WRITING

ART

POETRY

YOGA

MINDFULNESS

#### **HISTORY WALKS**

Guided walks start at the Visitor Centre. Led by Healthy Arts and Haigh Woodland Park volunteers. Walks cost £3 per person.

Sat 27th April • 1pm Sat 11th May • 1pm Thurs 17th Oct • 10.30am The Great Haigh Sough Walk Includes info on Earls of Crawford

Sun 9th June • 10.30am Hall Lane- Local History and Industry Walk

Wed 22nd May • 2pm The Victorians at Haigh

Thurs 6th June • 1pm Haigh History and the Earls of Balcarres This is a Wheeley Easy Walk, suitable for all abilities

Sat 25th May • 1pm Heritage Hike This is a more challenging walk

Sun 15th September • 10.30am Heritage Open Day Walk \*New Walk\*

Sat 5th Oct • 1pm The Washpad Wander

If you are part of a group who would like to book one of these local history walks on a different date - please get in touch.



# HISTORY TALKS

Talks will take place at 2pm. Upstairs in the Stables Courtyard. Presented by Angela Brown, Alan Davies, Jim Meehan and Ken Scally. Talks cost £3 per person

Sun 19th May The Duke of Bridgewater's Underground Coal Mining Canals From 1760 onwards

Sun 23th June The Musical Past of King St.

Sun 7th July The Impact of WW1 andWW2 at Haigh

Sun 4th Aug The Most Calamitous of Times The English Civil War in Wigan

Sun 18th Aug The March To Peterloo

Sun 29th Sept A History of Iron and Engineering in Wigan

Sun 6th Oct Coalmining In Lancashire the Photographic Record

Sun 27th Oct The Barbarous Murder of Wigan Lane

Sun 17th Nov Children In The Mines

## NATURE WALKS

A series of nature walks led by Discover The Wild and Myco Manchester. Walks cost £3 per person unless otherwise ticketed. Booking highly recommended.

Mon 6th May • 10.30am Birds and their Song

Thurs 20th June • 10.30am Summer Stroll

Thurs 4th July • 1pm Nature Walk and Wheel

Sat 13th July • 10.30am Wildflower Wander

Thurs 19th Sept • 10.30am Autumn Forage

Sun 6th October • 11am Mushroom and Plant ID Walk £5 ticket

Sun 13th Oct 1pm Fungal Forage £5 ticket



# NATURE TALKS & WORKSHOPS

Talks and workshops take place at 2pm. Upstairs in the Stables Courtyard. Presented by Chris Forster and Myco Manchester. Talks and workshops cost £3 per person unless otherwise ticketed.

Sun 28th July 2pm Organic Farming at Haigh

Sat 3rd August 2pm Grow your own Mushroom Bucket Materials provided. Ticket £5.

Sun 15th Sept 2pm Using Fungi in Gardens and Beyond

## WHEELEY EASY WALK AND WHEELS

Wheeley Easy routes are suitable for everyone in our community, including wheelchair users, mobility scooters, slow walkers and including prams. Led by Healthy Arts and Discover The Wild. Wheeley Easy Walk and Wheels are free.

Mon 13th May • 1pm-2pm Mindful Monday Walk and Wheel

Thurs 6th June • 1pm-2pm Local History Walk and Wheel

Thurs 4th July • 1pm-2pm Nature Walk and Wheel